

# WEEKLY BULLETIN

 John Ferneley College

19th May 2023 | Issue 31



**Our Mental Health Champions and Ambassadors!**

## What's In This Week's Issue:

- Mrs Stansfield's Statement
- Key Dates for Your Diary
- Travel Safe To and From School
- Attendance Matters
- Tips for Anxiety
- 'School' - A Poem
- Fire and Rescue Service Notice
- Class Chart Champions
- GCSE Intervention Sessions
- Engineering Experience at Loughborough University
- Pathways Summer Sports Club
- Apprenticeship Opportunities
- Current JFC Vacancies

Dear Parents / Guardians,

It's finally getting to feel a lot like summer – I hope you've been able to enjoy a little bit of warmth and sunshine this week!

Sometimes I am amazed at how varied school life is....

As well as an excellent first week of exams, this week we welcomed Queeny the Snake to JFC! Queeny is Miss Plowman's pet snake and she was lucky enough to win the pet raffle. She made a very special appearance in the Communication zone, with students popping in to say hello if they wanted to. It was a great opportunity to learn more about these much misrepresented animals and I am pleased to report that all parties were excellently behaved.

On a separate note, Mr King and I are extremely excited about our Year 10 Supporting Success evening on Thursday 25th May. This is a really important opportunity to look ahead to year 11, preparing minds and hearts, ahead of the holiday for a very exciting year. If your child is in Year 10, please do come along – we are really looking forward to welcoming you!

Otherwise, have a lovely weekend.

**Mrs Stansfield**  
**Executive Headteacher – John Ferneley College**  
**CEO - Mowbray Education Trust**



# KEY DATES FOR YOUR DIARY

## March 2023

- **Tuesday 23rd May, 5pm-6pm** - French and History Trip - Final Parent Information Evening
- **Friday 26th May** - Break up for Half Term
- **Monday 5th June** - Back to school
- **Tuesday 6th June** - Year 8 Enterprise Day
- **Thursday 8th June** - Years 8-11 Outstanding Vaccinations
- **Wednesday 14th June** - Small School Transition Event
- **Wednesday 21st June** - Last GCSE Written Exam
- **Thursday 22nd June** - Year 11 Prom at Brooksby Hall

## TRAVEL SAFE TO AND FROM SCHOOL!

### If you walk...



Be aware of your surroundings!



ALWAYS look both ways!



Be sensible when near the road!

### If you drive...



Please be mindful of where you park when dropping off/picking up!



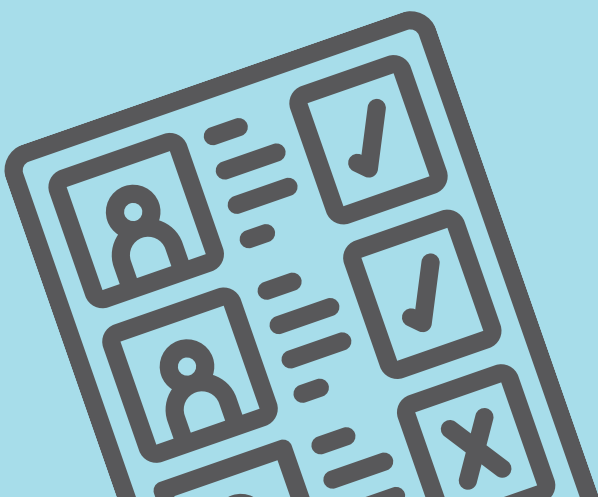
# attendance ~~MATTERS~~



Attendance Percentage	Number of days absent	Number of weeks absent	Number of lessons missed (hours of learning)	
100%	0 days	0 weeks	0 lessons/hours	Excellent
95%	9 days	1 week 4 days	45 lessons/hours	Satisfactory
90%	19 days	3 weeks 4 days	95 lessons/hours	Poor
85%	28 days	5 weeks 3 days	140 lessons/hours	Very Poor
80%	38 days	7 weeks 3 days	190 lessons/hours	Major concern
75%	46 days	9 weeks 1 day	230 lessons/hours	Major concern
70%	57 days	11 weeks 2 days	285 lessons/hours	Major concern

**Just 2 weeks holiday taken during term time will reduce your child's percentage attendance to less than 95%.**

**Over 5 years at JFC 90% attendance means your child has missed out on half a year of learning! (475 hours of lessons)**



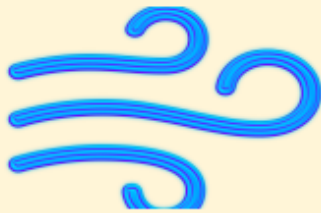


# TIPS FOR ANXIETY

## SYMPTOMS



Dizzy    Shaking    Feeling sick  
Dry mouth    Faster breathing  
Jelly legs



## TAKE ACTION TODAY!

Some positive ways to manage anxiety



- 1 Write down your worries
- 2 Take action or have a walk!
- 3 Plan what you will do
- 4 Talk to someone



**Mental Health Awareness Week  
2023**

## Think of something else ...


5, 4, 3, 2, 1



You have the power to manage anxiety.

Thinking of something calming helps you to become happier and reduce your worry

- 5 things you can see
- 4 things you can hear
- 3 things you can feel/touch
- 2 things you can smell
- 1 thing you can taste



### Room search

Think of an item to look for like a colour/shape/texture



Try to find everything that has it!



### Remember!

It does not matter if it went well or not - you tried your best and you did it!



breathe



# Mental Health Awareness Week 2023

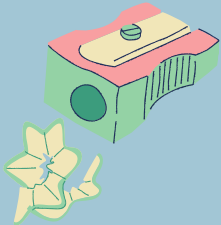
A student wrote this poem and handed it in to a member of staff this week.  
We thought it was so lovely and wanted to share it with you all.

# School

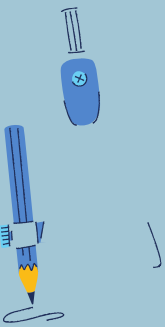
by a John Ferneley College student



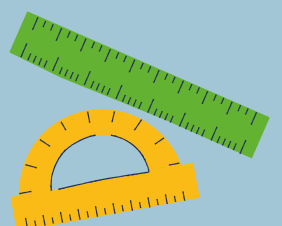
School is like an urn.  
School is a place you learn.  
Not a place to talk  
or to have a walk.



You should cherish what you have  
because it will soon perish.  
The teachers just want the best,  
that's why there are tests.  
Teachers have a life too.  
Who are you to judge them?  
They should be treated like a gem.  
They are doing all they can.  
We should appreciate what they do,  
because you don't know what they do  
or what they have to put up with.



So I'm here to say:  
May we do more to help.



This has taken up my time  
This has also made me rhyme.

**LEICESTERSHIRE**

**FIRE and RESCUE SERVICE**



**SAFER  
PEOPLE  
SAFER  
PLACES**

# Road Safety Open Day!



**Melton Mowbray Fire  
and Rescue Station**

**Saturday  
May 27  
2023**

Nottingham Road, Melton Mowbray  
LE13 0NP

**Come and see....**

**10am to  
3pm**

- Lester the Lion
- Hazard Express
- Blood Bikes
- Road Traffic Collision Demo
- Leicestershire Police
- National Highways





# YEAR 9 CLASS CHART CHAMPIONS!



Poppy D

Toby H

Ethan O

Harry H

Sophie S





# YEAR 11 GCSES

## SUPPORTING SUCCESS - INTERVENTION SESSIONS TIMETABLE



	Monday	Tuesday	Thursday	Friday
Lunchtime		Dance Practical (Dance Studio)		
After School	Art (P1a)  Computer Science (E7)  Creative iMedia (E1)  Dance Theory - week 2 only  Design Technology (Enterprise Zone)  French - All (K11)  Health & Social Care (K1)  History (K2 and K4)  Spanish - Higher (MFL Block)	Biology (D4/D5)  Chemistry (D4/D5)  Design Technology (Enterprise Zone)  English (Communication Zone)  Enterprise & Marketing (E1)  GCSE Business (E3/E5)  History (K2 and K4)  Physics (D4/D5)  Spanish - Foundation (MFL Block)	Biology (D4/D5)  Chemistry (D4/D5)  Design Technology (Enterprise Zone)  French - All (K11)  GCSE Business (E3/E5)  GCSE PE (Performance Zone)  Geography (Culture Zone)  Maths  Physics (D4/D5)  Sports Studies Catch Up (P2)  Support with Post-16 Applications (E7)	Drama (P8)  Geography (Culture Zone)  Media Studies (Communication Zone)  Music (P7)



# Loughborough University

## Are you passionate about studying Engineering at University?

Engineering Experience, Loughborough University's 2-day on-campus event, is taking place on 5th and 6th July 2023 and is perfect for Year 11 students looking to explore their futures in this sector.



### The event includes:

- Practical workshops and masterclasses in a range of Engineering subjects
- Opportunities to talk and network with industry experts and Loughborough students
- Tours of our campus and subject-specific facilities

This is not a residential event; therefore, students can attend either date or attend both dates.

The deadline for bookings is 4th June 2023.

Find out more information at [www.lboro.ac.uk/study/school-college-liaison/key-stage-four/engexp/](http://www.lboro.ac.uk/study/school-college-liaison/key-stage-four/engexp/) or feel free to email at [engexp@lboro.ac.uk](mailto:engexp@lboro.ac.uk)



## Summer Sport Club

# Level 2 Sport Leadership Community Award

**When?**

**July 17th - 21st**  
**10:00am – 4:30pm**

**Where?**

At De Montfort  
University

**Who is  
it for?**

**Year 10 and 11**

**How can  
I apply?**

Scan the QR code or go to:

<https://www.pathwaystohe.ac.uk/opportunities/summer-sport-club-level-2-sport-leadership-award/>

**What  
is it?**

A sport club where you will receive a **Level 2 Sport Leadership Community Award** upon completion\*

This is a free opportunity for Leicester and Leicestershire students, where you'll take part in a number of activities and exercises throughout the 5 days in order to receive the award and get to work with our university sport students to find out about sport careers and courses in higher education.



*\*Please note that you must be willing to evidence leading on a sport or physical activity in a community setting for 4 hours once the 5-day course at De Montfort University is complete*



# APPRENTICESHIPS

Below, we have provided some information on active apprenticeships in the areas of Rutland and Melton - Please read through carefully to see if there are any key opportunities you could take advantage of.

## Apprenticeships in Rutland:

Apprentice Maintenance Engineer - RUTLAND PLASTICS LIMITED (Rutland) - 1 vacancy available - Salary: £14,900 - **Closing Date: 01/06/2023**

Apprentice Automation Engineer - RUTLAND PLASTICS LIMITED (Rutland) - 1 vacancy available - Salary: £14,900 - **Closing Date: 01/06/2023**

Apprentice Tool maker/ Apprentice Tool Maintenance Engineer - RUTLAND PLASTICS LIMITED (Rutland) - 1 vacancy available - Salary: £14,900 - **Closing Date: 01/06/2023**

## Apprenticeships in Melton:

Apprentice HGV Technician - JCR COMMERCIALS LTD (Leicestershire) - 1 vacancy available - Salary: £10,004 - £19,760 - **Closing Date: 01/08/2023**

Retail Fishmonger Apprenticeship - NC SEAFOODS LTD (Melton Mowbray) - 3 vacancies available - Salary: £8,236.80 - **Closing Date: 01/06/23**





# CURRENT VACANCIES

COME AND JOIN OUR TEAM!



## TEACHER OF MATHS (with responsibility)

Full-Time or Part-Time (Permanent)

Closing Date: Monday 22nd May (9am)

**[Apply here.](#)**

## TEACHER OF MUSIC

Full-Time or Part-Time

Closing Date: Monday 22nd May (9am)

**[Apply here.](#)**

## TEACHER OF GEOGRAPHY (with responsibility)

Full-Time or Part-Time (Permanent)

Closing Date: Monday 22nd May (9am)

**[Apply here.](#)**

# CURRENT VACANCIES

COME AND JOIN OUR TEAM!



## TEACHER OF HISTORY

Full-Time or Part-Time (Permanent)

Closing Date: Monday 24th May (9am)

**[Apply here.](#)**