



# Y8 PSHE - Year on a Page

Year 8	PSHE
Term 1	Relationships and Family
Term 2	Revisit Equality Act; Stereotypes
Term 3	Intimate Relationships; Consent; STD
Term 4	Wellbeing; Managing Thoughts and Feelings
Term 5	Online Safety; Privacy and Online Conversations
Term 6	Healthy Habits; Staying Safe in Summer Holidays; First Aid

**Assessment:**

Verbal discussion, Worksheets, Class Debate

**Useful links:**

[www.youngminds.org.uk](http://www.youngminds.org.uk)

[www.cybermentors.org.uk](http://www.cybermentors.org.uk)

[www.ceop.police.uk](http://www.ceop.police.uk)